Dreamland Villa Retirement Community CITIZE www.dreamlandvilla.org

Vol. 19 No. 9 September 2024 12 Pages

IN BRIEFS

Singles Potluck Tuesday, September 3rd 5:30 pm Read Hall

Singles Club Meeting Wednesday, September 11th and 25th 9:30 am Read Hall

Game Time
Sunday, September 1st and
22nd
3:00 pm
Read Hall

Read Hall Pool Maintenance Wednesday, September 11th All Day

Farnsworth Hall Pool Maintenance Wednesday, September 18th All Day

WELCOME NEW RESIDENTS

Are you new to Dreamland Villa as a homeowner or renter? We would like to help you become acquainted with your community. More than likely, you chose Dreamland Villa for its 55-plus Community that is safe, quiet, and the homes are well maintained. The residents of Dreamland Villa are pleased that you have selected our community for your new home.

To help you become acquainted and participate in our community activities and amenities, we would like to provide you with Kee Card(s) to access our facilities and activities for the current year.

Within the first several months of your residency in Dreamland, you will be contacted by a Dreamland team member from our welcoming volunteers to present you with your Kee Card(s) and show our appreciation for becoming a resident in the Dreamland Villa community. This Dreamland team member will be able to answer your questions, provide you with a tour of our facilities, and encour-

age you to participate in our many social activities.

We know that many of our new residents are still working, so we are trying to have events and activities that take place during the evening hours or weekends. We are looking forward to helping you become an active member of the Dreamland Villa community.

We have several ways of communicating with our residents. We have a newspaper called the "Citizen" which is delivered to your door, a weekly email blast providing you with all the activities taking place in the upcoming weeks, a website (https://www.dreamlandvilla.org), and two Facebook pages dedicated to Dreamland Villa residents. All events and activities are posted on our bulletin board at our office at 320 North 55th Place.

A great way to get acquainted is to come to the coffee socials on the second and fourth Saturdays of each month, beginning at 7:30 am, in Read Hall. Hope to see you soon!

President's Message

By Heather Canterbury

"Change is the law of life, and those who look only to the past and present are certain to miss the future." These profound words by John F. Kennedy aptly capture the essence of change. Change is inevitable, and it is essential for growth and progress. Embracing change allows us to adapt, evolve, and move forward in our personal lives, communities, and the world at large. Throughout history, change has been a constant force driving innovation and transformation. From technological advancements to social movements, change has shaped the way we live, interact, and perceive the world around us. While change can be daunting and challenging, it also presents us with opportunities for learning, improvement, and new beginnings. At times, the fear of the unknown and the comfort of familiarity may lead us to dwell on the past or remain stagnant in the present.

However, as Kennedy wisely points out, solely fixating on the past and present can hinder us from seizing the potential that the future holds. It is by embracing change that we can forge new paths, bring about positive impact, and create a brighter tomorrow. Change also plays a crucial role in fostering resilience and adaptability. When faced with unexpected changes or adversity, our ability to adapt and respond positively can determine our success in overcoming challenges. Embracing change empowers us to be flexible, open-minded, and proactive in navigating life's twists and turns.

On a societal level, embracing change is instrumental in addressing pressing issues, fostering inclusivity, and driving progress. Whether it's advocating for social justice, environmental sustainability, or economic equality, acknowledging the need for change is the first step toward creating a more equitable and harmonious world. In essence, change is not merely a shift in circumstances; it is a catalyst for growth, transformation, and innovation. By embracing change, we open ourselves up to new experiences, opportunities, and possibilities. Let us heed Kennedy's timeless wisdom and embrace change as an integral part of our journey into the future.

Year-Round Working Resident's Corner

By Megan Tackett

Do you work in the office, or do you work in your home office? Either way, when 40 to 50 hours passes, the weekend is a beautiful thing.

We have 2 estheticians who work from their homes in DVCC.

We have several Massage studios in our East Mesa area.
Wellness and nutrition are big concerns in these hectic

Take a walk on your break.

Stretch at your desk while sitting behind the computer. Have a little dish of cashews, walnuts, or almonds to munch on during the day

Make your own breakfast bars that stimulate your microbiome and stem cell health. Be sure to use 80% cacao or darker for the highest level of polyphenols.

Honey, dried oats, cashews, dried blueberries, dried cranberries, and dark chocolate make a great granola bar. Are you on your feet all day? There is a great foot re-

laxation massage at the Superstition Mall.

Are you looking for something to do on the weekends? I am hoping to get a few energetic people to help me as I want to offer cleanup services to some of our neighbors

who can no longer maintain their front yards. If you have a neighbor whose yard needs help, please let me know and we will help out.

There are more and more events occurring in the evenings and on weekends and we are eager to see you at

nings and on weekends and we are eager to see you at some of our gatherings.

As always, if you have any questions, please reach out

As always, if you have any questions, please reach out to me. Megan Tackett- 480-297-1877 or email me at: megantackett@ymail.com.



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AROUND THE VILLA

Veterans Affinity Presents

VETERAN COFFEE HOUR

Join us for Coffee & Donuts. Stay for the Camaraderie

WEST SIDE

ist Tuesday of EVERY Month 420 S. Estrella Pkwy Goodyear. Az 85338

ist Wednesday of EVERY Month 16063 W. Bell Rd Surprise, Az 85374

2nd Tuesday of EVERY Month 15826 Del Webb Blvd Sun City. Az 85351

PHOENIX

3Rd Tuesday of EVERY Month 200 W. Beardsley Rd Phoenix, Az 85027

All Events 0900-1000









EAST SIDE

400 South Power Rd

Mesa. Az 85206

and Thursday of EVERY Month 10940 E. Chandler Heights Rd

Chandler, Az 85248

2nd Friday of Every Month

7550 E. Adobe St

Mesa, Az 85207

SETERAL IST Thursday of EVERY Month



Neighborhood Watch Scavenger Hunt

By Chris Mortimer

Thanks to the few neighbors who participated in our Scavenger Hunt! Here are the win-

1st Place- Richard Leix- \$50 Texas Roadhouse gift card 2nd Place- Megan Tackett- \$25 Applebees gift card 3rd Place- Linda Erickson- \$25 Texas Roadhouse gift card

BUNCO NOTICE

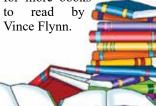
The daytime Bunco game scheduled for October 9th has been canceled. The evening game will still be played. Please mark your calendars.

Book Review

By Anita Thompson

Term Limits by Vince Flynn This is the first book I have read by this author. I just found out he is from Minnesota so I was interested in seeing what he had to say. WOW!!! If you want a book with a LOT of action and one that is fast-moving this book is for you. In one bloody night, three of Washington's most powerful politicians are executed with surgical precision. Their assassins then deliver a shocking ultimatum to the American government. Set aside partisan politics and self-interest and start voting for what is good for the country! Do you believe there are good and bad politicians in Washington? I was glad to read that at least in this book there were two good politicians Minnesota!! A joint

FBI-CIA task force starts working together to find out who these assassins are. There are a lot of important characters in this book, and I found it helpful to make a list of names and their positions because I had to refer back to it frequently. I think I will probably be looking for more books





MANNUAL **DREAMLAND VILLA** COMMUNITY GARAGE SALE

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AROUND THE VILLA

Dreamland Villa Retirement Community CITIZEN

WHERE RETIREMENT DREAMS COME TRUE! DREAMLAND VILLA CITIZEN

The Dreamland Villa Citizen is a monthly newspaper produced for the Dreamland Villa Retirement Community by Miller Media Services.

DREAMLAND VILLA RETIREMENT COMMUNITY

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Deadline for submissions is the 10th of the month; email CBMEditing@yahoo.com

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by Lewis (Lew) Hooser

To start with, we are very blessed to have an incredible team working this summer at Help Services. I can't say enough about the monitors and direc-

tors who are there year-round keeping the doors open. I am positive our President Patty Thorpe, who is enjoying her summer in Wisconsin, knows all is well in Mesa.

On a concerning note, as everyone knows, everything that is available to us in the way of medical supplies and repair parts sadly cost Help Services a lot more these days. That being said, we gladly make every effort to ensure that when a medical device leaves our office, it has been completely and thoroughly gone through from top to bottom. As a small non-profit organization, we are very fortunate to have a wide variety of medical equipment on hand and available at a moment's notice to help all of our friends and family in both communities. Plus, as a benefit to all of us, we are constantly receiving an assortment of good donated medical devices. At the same time, we are very fortunate to have Mr. Jim Gann as our head maintenance technician, who meets and exceeds his own standards.

We could not do any of this without your generous donations, coupled with that, our beneficiary program. By the way, if you're interested in this program, please contact our office, they will get you set up with the right person.

Please remember we can only loan medical devices to residents of Dreamland Villa and Velda Rose Estates. Our hours of operation are Saturdays, Mondays, Wednesdays, and Fridays, 9:00 am to noon. Check us out on our web page at www.HelpServicesInc.org. Well, that's it for this newsboy. From the staff and management of Help Services, Vaya Con Dios.



Acts of Kindness Card Program

DVRC Social Committee would like your help in reaching out to those who have suffered a loss, are dealing with an illness, or recovering from a surgery.

There is a fill-out slip in the office where you can add a name and address of someone to whom we can send a card. Then place the slip of paper in the Acts of Kindness box. We promise to send a card if you let us know the need! Lastly, if you have any of the *Get Well* and *Sympathy* greeting cards that you're not using, we would gladly take them off your hands and put them to good use.

Thank you for your support.



Keep up with all things Around the Villa via our Website: www.dreamlandvilla.org

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AROUND THE VILLA / EVENTS



POSSE CORNER

By Joseph Favazzo

Safety Tips for Working Around the House and Yard

Maintaining your home and yard can be both rewarding and essential for the upkeep of your property. However, it's crucial to prioritize safety to avoid injuries. Here are some key safety tips to keep in mind when working around your house and yard.

Stabilize Ladders

When working above your reach, always ensure your ladder is stable. Place it on a flat surface and ensure it is fully extended and locked into place. The base of the ladder should be one foot away from the wall for every four feet of height to maintain proper balance. Never stand on the top two rungs, and always have someone hold the ladder if possible.

Proper Techniques for Bending and Lifting

To prevent back injuries, use proper techniques when bending and lifting. Bend at your knees, not your waist, and keep your back straight. Hold the object close to your body and lift it with your legs, not your back. Avoid twisting your body while lifting; instead, move your feet to turn.

Never Work Alone

Always have a helper close by, especially when working on potentially hazardous tasks. A second pair of hands can assist with heavy lifting, holding ladders, and calling for help in case of an emergency. Having someone nearby can significantly reduce the risk of accidents.

Know Where Water and Electric Lines Are Before Digging

Before starting any digging project, it's essential to know the location of underground water and electric lines. Contact local utility companies to mark these lines. Accidentally hitting water or electrical lines can lead to serious injury or damage.

Have the Proper Tools Available

Using the right tools for the job not only makes the task easier but also safer. Ensure all your tools are in good working condition, and use protective gear such as gloves, goggles, and ear protection when necessary. For tasks involving power tools, read the manufacturer's instructions and follow all safety guidelines.

By following these safety tips, you can minimize risks and ensure your home improvement projects are completed without incident. Remember, taking a few extra precautions can make a significant difference to your safety and well-being.



CozyCraftRoom.com/Calendar

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SILVER SCREEN SPOTLIGHT By Heather Canterbury

September is typically a slow month for films, and this year doesn't seem to be any different. The month will be filled with horror movies

in preparation for the upcom-

ing spooky season.

On August 30th, the biography "Reagan" will be released. Dennis Quaid portrays the 40th President in this story based on the life of Ronald Reagan from childhood through his time in the Oval Office. Given that this is an election year, it is expected that this movie will generate a lot of buzz. The rating for the movie has not been set at this time.

Many people are eagerly anticipating the long-awaited sequel to Beetlejuice, which is set to be released on September 6th. The story revolves around the Deetz family, spanning three generations, who return to their home in Winter River following a family tragedy. Lydia, still haunted by Beetlejuice, faces further chaos when her rebellious teenage daughter, Astrid, stumbles upon a mysterious model of the town

in the attic, unwittingly opening a portal to the Afterlife. As trouble brews in both realms, it's only a matter of time before someone calls Beetlejuice's name three times, leading to the mischievous demon's return and unleashing havoc in his own unique way. The movie is rated PG-13.

September 13th: "Speak No Evil" is a horror/thriller remake of the 2022 Danish film of the same name. It's about a family invited to spend a weekend in an idyllic country house, only to find themselves in a psychological nightmare. It's rated R.

September 20th: "Transformers One" is an animated movie that tells the untold origin story of Optimus Prime and Megatron, who were once friends but became sworn enemies. It's not yet rated.

The last weekend of September: "Lee" portrays the story of photographer Elizabeth 'Lee' Miller, who transitioned from being a fashion model to an acclaimed war correspondent for Vogue magazine during World War 2. This movie is also rated R.

Keep up with all things Around the Villa via our Website: www.dreamlandvilla.org





Calling All Quilters

By Jeanne Raine

Have you always wanted to make a Christmas quilt? Saturday, November 16th is a great time to start!

We will meet at Read Hall on Saturday, November 16th from 9:00 am to 4:00 pm. Jeanne Raine will teach the

If you would like to sign up, please send a check for \$30 made out to Dreamland Villa to:

Jeanne Raine 6579 Watui Rd.

Falcon, Colorado 80831

Your check must be received by Jeanne no later

than October 25th, 2024.

This will be a donation to Dreamland Villa. Further information may be found at the Dreamland Office at 320 N 55th Place, where the quilt sample is on display.

For questions, please call Jeanne Raine at 515-890-

Please come and join the



in your warm, cramped craft room. See our calendar for a list of all activities!



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Dreamland Villa Quilting Club

By Becky Lamson

Our 95-year-old club member Betty Sharpy made the quilt in our photo. She does such a great job on the charity quilts. It will gift the recipient with a great quilt they can enjoy for years.

We are on our summer meeting schedule and it lasts through September. We meet on the 2nd and 4th Thursdays of those months from 1:00 pm to 4:00 pm at Read Hall.

You're welcome to work

on piecing or binding of a club charity quilt or on one of your own UFO's.

We always welcome your show-and-tell items.

New members are always welcome. If you have questions, please give me a call at 480-202-7003, or email me at beckyNleslie@gmail.com.

Quilters Quote: When things are in pieces quilt them together.

FUSED GLASS

By Cyndy Munday

We are all looking forward to getting back into the swing of the fall season at Dreamland. Since we were closed for the month of August, it will be nice to see everyone and get the creative juices flowing once again. In our time off, Patty Hanks was having hand surgery

In our time off, Patty Hanks was having hand surgery and I went on a little trip to the Pacific Northwest for a grandson's wedding.

September will bring Dave and Katie back from New York and it's always great to have them here in Dreamland. There is no time like the present to come in and say hi and perhaps try your hand at playing with glass. You are always welcome to drop by and just say hi or have a look around.



Ceramics In The Villa

By Barb Shelton

Welcome back to our winter visitors who have returned to Dreamland for the new season, we missed you and we're happy you're home. Ceramics in the Villa has some new interesting pieces for you to work on.

Come Paint with us! Ceramics will reopen on Tuesday, September 3rd at 9:00 am. We hope the weather will be cooler so you can be more active around the Villa.

Thursday, Friday and. Saturday the 19th through the 21st of September, I have scheduled a class to make a 13" Christmas Tree complete with paint, bulbs, and electricity, all for the cost of \$35.00. I also have a Christmas Cactus that is 10.5" tall, which can be purchased for \$30.00. Class time will be from 9:30 am to 12:30 pm, or until you've had enough for the day. It's not necessary for you to attend all 3 days, you only need 1 day to paint, and then I will fire it. After that, you can install the light cord, glue the bulbs in, and your piece is complete!

If you can't make the designated dates you can come at regular class time on Tuesdays and Thursdays from 9:00 am to 1:00 pm. There are pumpkins, turkeys, snowmen, bunnies, horses, dogs, and cats available as well as Halloween decorations.

Come in and check out what you might want to do. Ceramics is not difficult, you need no special artistic talent. I can teach you anything and everything you need to know.

The ceramic door is always open! Come on in, I would like to meet you. My name is Barb.







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SR TECHIES COMPUTER CLUB



We have some exciting new lesson plans this month: September 4, 2024, 4:00 pm Room 9

Bring your laptops to class and we will work on whether or not to cut the cable and use some streaming services that are available and about 80% less expensive than cable.

September 11, 2024, 4:00 pm Room 9

Bring your cell phones and we will add sounds or lights to incoming text messages when your cell phone is on the counter. September 18, 2024, 4:00 pm Room 9

What is a QR code and why do I need to know about it? September 25, 2024, 4 pm Room 9

We will have a guest Speaker, Shannon Rees who will show us how to set up appointments on her website www.Srstylist. com, which can easily transition to other websites.

Lesson plans will be printed and available by email if you cannot attend the class.

Megan Tackett, call me/text me at 480-297-1877 or email me at: megantackett@ymail.com.



For Community News and Updates **Visit Our Website:**

www.dreamlandvilla.org



Attention Pickleball Enthusiasts!

Calling all men to join Dreamland Villa Pickleball starting in January, Tuesday evenings from 6:00 - 8:00 pm at the Read Hall campus Pickleball courts.

Get ready for some exciting Pickleball action exclusively for men! Whether you are a seasoned player, or a beginner, come and enjoy a fun filled time on the court. Bring your A-game and make new friends in the Pickleball community.

Don't miss out on the fun! For more information contact Peter at 480 229-0180. See you on the courts!



Dreamland Villa Singles Club

By Lu Wald

We do hope you have been able to get away from the heat for at least a little while. But, Hark, we are now on the downhill stretch of those horrid temperatures. As you may have noted on our calendar, all of our activities in August have been indoors. We started the month with lunch at Paladino's Italian Eatery in A.J. on the 2nd. Then on the 6th, about 14 of us enjoyed our potluck. We're always so impressed with the effort put into the dishes presented! On the 9th, 16th, and 23rd, many of us went to the Chandler Center for the Arts to enjoy their wonderful concerts that are always free. On the 17th, we traveled to Fountain Hills for a great Trilogy concert at the Brighton Beach Memoirs Fountain Hills Theater. Our August Hale Theater play was a Crosby, Stills, Nash & Young presentation on the 15th. We also took in a movie on the 28th

and enjoyed dinner at The Original Blue Adobe Grill in downtown Mesa. So far this year, we have welcomed twelve new members. We are so glad to have them all join us in the Dreamland Singles Club!

September's calendar has only two concerts; a free concert by the Chandler Symphony on the 8th and a Sonny and Cher tribute at the Hale on the 12th. Our play at the Hale Theater is entitled Joseph & the Amazing Technicolor Dreamcoat on the 28th. We kick off the month with the potluck on the 3rd; the time is always 5:30 pm in Read Hall. Our lunch will be at the Perfect Pear in Tempe on the 6th, and our dinner will be at Dirtwater Springs in Apache Junction on the 23rd. A group of members will be taking in a great outing that Kathie has planned, going to the north rim of the Grand Canyon from the 16th through the 20th. Our members will also be enjoying the Hot Dog feed on the 14th, and even some card bingo on the 26th. As a reminder, there will be an afternoon of games every first and third Sunday starting at 3:00 pm in Read Hall. This is not limited to Singles Club members. However, the Singles Club felt that we needed an occasion for all to come out and spend a few fun hours with friends and neighbors.

We invite any of our single members in the community to come and join us. Feel free to stop in at any of our meetings, which are always on the 2nd and 4th Wednesday at 9:30 am in Read Hall. Also, you are welcome to come to our potluck dinners, which are always on the first Tuesday at 5:30 pm in Read Hall. Just bring a dish to share.

Soon now, many of our winter visitors will be returning (or have returned) and we're so glad to have you back with us.





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Bridge Club

By Donna Espey

Are you a bridge card player, but haven't played in a while? Have you always thought you might like to play bridge, but need lessons? Have you been playing bridge and would like to join our Tuesday Bridge at Dreamland? We are a small group of bridge enthusiasts. We don't play cutthroat bridge, but we all enjoy the challenge and do our best. In the summer we play at 12:30 pm in the card room and usually only have one table of 4. In the winter we play at 1:00 pm and usually have 2 tables. We would like to have more members and are reaching out to our community to see if anyone is interested. Bridge is very good for your memory which might need the exercise!

Please contact Donna Espey at 480-218-7330 by text message or voice message if you are interested or have questions. We're looking forward to hearing from you!



Dreamland Bowling League

By Cyndy Munday

The time flies and already we are looking at the fall coming on. Our winter league will begin on November 1st. We are starting to look at teams so if you are interested in participating please let us know.

As for the "summer" league, we don't have set teams so it's just a walkin type league. Bowling is on Tuesdays at 1:00 pm at East Mesa Bowling Alley on Broadway close to Ellsworth. It's a great time to practice and get ready for the

winter league. **Top Bowlers**

Week of 7/2/2024 –

Sara Kempke 645; Jerry Cole 608; Darlene Poynter 587; Dan Griffiths 587; Frank Smith 582; Ted Modjeski 571; Cindy Pena

Week of 7/9/2024-

Sara Kempke 673; Cyn Munday 656; Vicky Hopkins 634; Jeff Wallace 627; Kevin Roberts 622; Jon Hopkins 620; Jerry Cole 610; Patty Kaufman 606

Week of 7/16/2024 –

Sherrie Cutler 641; Frank Smith 629; Dan Griffiths 618; Brian Wheeler 613; Jon Hopkins 587; Dan Jenkins 585; Ted Modjeski 582; Darlene Poynter 577; Vicky Hopkins 576; Jenn Yaffar 573

Week of 7/23/2024 -

Frank Smith 656; Jim Seamandle 668; Darlene Poynter 588; Cindy Pena 585; Jerry Cole 617; Dan Jenkins 610; Vicky Hopkins 625; Brian Wheeler 629; Kevin Roberts 734

SPLITS PICKED UP – Cindy Pena 2-7

If you are interested in joining or need more information, please call Cyndy Munday at 425-218-1105. Thank you.



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2024	SF	EPTEMBI	ER MONT	HLY EVI	ENTS	2024
SUNDAY 1 Game Time 3:00PM -	MONDAY 2	3 Singles Potluck 5:30PM -	WEDNESDAY 4	THURSDAY 5	FRIDAY	SATURDAY 7
8	9	10	11 Singles Club 9:30AM -	12 <u>Card Bingo</u> 10:30AM - <u>Quilting</u> 1:00PM - 4:00PM	13	14 <u>Coffee Social</u> 7:30AM - 9:00AM
15	16	17	18	19 <u>Community</u> <u>Pot Luck</u> 5:00PM -	20	21
22 <u>Game Time</u> 3:00PM -	23	24	25 Singles Club 9:30AM -	26 Card Bingo 10:30AM - Quilting 1:00PM - 4:00PM	27	28 <u>Coffee Social</u> 7:30AM - 9:00AM
29	30	1 (October) Board Study Session 9:30AM - Singles Potluck	2	3	4	5

September Weekly Activities												
DAILY EVENTS	MONDAY AM		TUESDAY AM		WEDNESDAY AM		THURSDAY AM		FRIDAY AM		SATURDAY AM	
	Pickleball 7:30 Aquacise 8:45 Help Services 9:00 - Noon Wood Shop 9:00 - Noon Fused Glass 9:30 - Noon	R-O R-O HS R-10 R-7	Aquacise Class 8:00 - 8:45 Lapidary - CLOSE Ceramics 9:00 - 1:00 Wood Shop 9:00 - Noon	R-O E D R-7 R-10	Pickleball 7:30 Lapidary - CLOSE Help Services 9:00 - Noon Wood Shop 9:00 - Noon Fused Glass 9:30 - Noon	R-O ED HS R-10 R-7	Aquacise Class 8:00 - 8:45 Lapidary - CLOSE Wood Shop 9:00 - Noon Quilting 10:00 - Noon Call 480-203-700	R-10 R	Pickleball 7:30 Aquacise Class 8:00 - 8:45 Help Services 9:00 - Noon	R-O R-O HS		
	MONDAY PM Fused Glass 1:00 - 3:00 Fused Glass 5:00 - 8:00	Л R-7 R-A	TUESDAY I Cards - Bridge 12:30 Bowling 1:00	PM R-A&B O	WEDNESDA Fused Glass 1:00 - 3:00	Y PM R-7	THURSDAY Quilting Club 1:00 - 3:00	PM R-A	FRIDAY P	M	SATURDAY PM	

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